

Ida Culver House Broadview October 2026 Activities

SUN

MON

TUE

WED

THU

FRI

SAT

* = Sign up in Bistro Binder
(outing or appointments
required)
‡ = Contact Life Enrichment
(\$) = Bring your wallet
RR = Resident Run Activity
!! = New Activity / Event
Change

KEY

Special Event
Exercise Class
Outing

B = Broadview
Room
R = Rainier Room
L = Library
G = Game Room
A = Art Studio
P = Patio
Y = Gym
C = B Conference
Room
O = Bistro
T = P-Patch

4 10:00 (B) Stretch & Flex 11:00 (B) Enhance Fitness 1:00 (R) Watch Along: Seahawks vs. LA Chargers 1:30 (G) RR Play Reading 3:00 (G) RR Cribbage 3:00 (B) Halloween Crafts with Life Enrichment 	5 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:30 (B) Understanding Shakespeare: Hamlet 1:00 (B) Gentle Chair Yoga w/Binka 2:00 (G) Widows Group 2:30 (B) Art w/Cathy Shiovitz 3:45 (B) Reading w/Nils 7:00 (B) Violin & Piano Concert Presented by Piatigorsky Foundation 7:00 (L) Non-Fiction Book Club	6 9:00 (B) Balance w/Select Rehab 9:45 (B) Cardio Drumming Pool Fitness 10:00 10:30 (B) "How to Avoid Insomnia" w/ EverHome 1:00 (G) RR Canasta 1:00 (A) ICHB Quilters 1:00 (B) Meet the Candidate: Julie Kang 2:30 (B) Seated Dance Fitness 3:30 (B) Poetry Salon 6:30 (G) RR Scrabble	7 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:00 (R) Communion 10:30 (B) ICHB Choir Rehearsal 12:15 * (\$) Outing: Met Opera @ Regal Cinema: "Cosi Fan Tutte" 2:00 (G) Bible Discussion Group 2:30 (B) Art Gala Featuring Resident Art 6:30 (B) RR Bridge	8 9:00 (B) Dynamic Balance 9:45 (B) Stretch & Flex 10:00 Pool Fitness 10:30 * (\$) Grocery Trip: Town & Country 10:30 (B) Food Advisory 1:00 (B) Strength Training 1:30 * (\$) Grocery Trip: Town & Country 2:00 (G) Parkinson's Group 3:30 (G) "Fun Fiction" Book Club 4:00 (B) Oktoberfest Celebration with "Happy Hans" Music 7:00 (G) RR Poker Night 	9 8:30 (B) Stretch & Flex 9:00 (G) Fiber Arts Meetup 9:15 (B) Enhance Fitness 10:30 (B) American History I w/ Kristi Busch 1:00 (G) RR Rummikub 1:00 (B) Music History w/Dr. Deacon: Sondheim Pt. 1 3:00 (B) BINGO 7:00 (B) Trivia Night	10 9:30 * Park Walk: Seward Park 9:30!! (B) Stretch & Flex 10:30 (B) "Islam and the West" w/ Bill Taylor 1:00 (C) Tech Help Desk 2:30 (B) Meet the Candidate: Nyjat Rose-Akins 3:00 (G) RR Backgammon 3:00 (O) Billiards & Beer with Scott 
11 10:00 (B) Stretch & flex 11:00 (B) Enhance Fitness 1:25 (R) Watch Along: Seahawks vs. 49ers 1:30 (G) RR Play Reading 3:00 (O) Sunday Mixer Happy Hour 3:00 (G) RR Cribbage 	12 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 1:00 (B) Gentle Chair Yoga w/Binka 3:30 (B) Fossil Fiddles Philharmonic Jam	13 9:00 (B) Balance w/Select Rehab 9:45 (B) Cardio Drumming Pool Fitness 10:00 10:30 (B) Resident Council 1:00 (G) RR Canasta 1:00 (B) Nutrition for Immunity with Amanda 2:15 (L) Let's Talk Books 2:30 (B) Seated Dance Fitness 3:30 (B) Improv 6:30 (G) RR Scrabble 7:00 (B) "Alfred Hitchcock" with Lance Rhoades	14 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:00 (R) Communion 10:30 (B) ICHB Choir Rehearsal 10:30 (G) Volunteer: Blanket Making 12:50 (B) Current Events 2:00 (G) Bible Discussion Group 2:30 (B) October Birthday Celebration 6:30 (B) RR Bridge 	15 9:00 (B) Dynamic Balance 9:45 (B) Stretch & Flex 10:00 (P) Pool Fitness 10:30 * Grocery Trip: Fred Meyer 10:30 (B) "Why So Many Executive Orders?" w/ Bill Taylor 1:00 (G) One Earth Committee 1:30 * (\$) Grocery Trip: Fred Meyer	16 8:30 (B) Stretch & Flex 9:00 (G) Fiber Arts Meetup 9:15 (B) Enhance Fitness 10:30 (B) American History I w/ Kristi Busch 1:00 (G) RR Rummikub 1:00 (B) RR Genealogy Group 3:00 (B) BINGO	17 9:30 * Park Walk: Sunset Hill 9:30!! (B) Stretch & Flex 10:30 (G) RR PAC Poster- Making 10:30 (B) "Islam and the West" w/ Bill Taylor 1:00 (C) Tech Help Desk 1:15 * Outing: Tap Root "Conscience" 1:15 (L) RR PAC Demonstration 2:30 (B) Linguistics Group 3:00 (G) RR Backgammon 7:00 (O) Resident Social

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SUN	MON	TUE	WED	THU	FRI	SAT
18 10:00 (B) Stretch & Flex 11:00 (B) Enhance Fitness 1:30 (G) RR Play Reading 3:00 (B) Cultural Craft, Vietnam: Paper Lanterns 3:00 (G) RR Cribbage 7:00 (B) Dean Ratzman Concert: '60s and '70s Rock	19 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:30 (B) Understanding Shakespeare 1:00 (B) Gentle Chair Yoga w/Binka 3:45 (B) Reading w/Nils	20 9:00 (B) Balance w/Select Rehab 9:45 (B) Cardio Drumming 10:00 Pool Fitness 10:30 (B) The Lives We've Led 1:00 (G) RR Canasta 1:00 (A) ICHB Quilters 1:00 (B) Seated Dance Fitness 2:30 (B) Celebrating Cultures Happy Hour: Vietnam 6:30 (G) RR Scrabble	21 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:00 (R) Communion 10:30 (B) ICHB Choir Rehearsal 12:15 * (\$ Outing: "Macbeth" @ Regal Cinema 12:50 (B) Current Events 2:00 (G) Bible Discussion Group 2:30 (B) Art History w/Rebecca Albiani: Diego Rivera & Frida Kahlo 6:30 (B) RR Bridge	22 9:00 (B) Dynamic Balance 9:45 (B) Stretch & Flex 10:00 Pool Fitness 10:30 * (\$ Grocery Trip: QFC 10:30 (B) Be In Informed Voter w/ Jan Alkire 1:00 (B) Strength Training 1:30 * (\$ Grocery Trip: QFC 3:00 (B) Resident Town Hall 7:00 (B) Piano Classics with Carson Lilley 7:00 (G) RR Poker Night	23 8:30 (B) Stretch & Flex 9:00 (G) Fiber Arts Meetup 9:15 (B) Enhance Fitness 10:30 (B) American History I w/ Kristi Busch 1:00 (G) RR Rummikub 1:00 (B) Music History w/ Dr. Deacon: Sondheim Pt. 2 3:00 (B) BINGO 7:00 (B) Trivia Night	24 9:30 * Park Walk: Blyth Park 9:30!! (B) Stretch & Flex 10:30 (B) "Islam and the West" w/ Bill Taylor 1:00 (C) Tech Help Desk 2:30 (B) Good News Discussion Group 3:00 (G) RR Backgammon
25 10:00 (B) Stretch & Flex 11:00 (B) Enhance Fitness 1:30 (G) RR Play Reading 3:00 (B) Halloween Movie Matinee 3:00 (G) RR Cribbage 5:00 (R) Watch Along: Seahawks vs. Chiefs	26 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:30 (B) Fall Prevention Presentation w/ EverHome 1:00 (B) Gentle Chair Yoga w/Binka 2:00 (G) Women's Group 3:30 (B) Fossil Fiddles Philharmonic Jam	27 9:00 (B) Balance w/Select Rehab 9:45 (B) Cardio Drumming 10:00 Pool Fitness 1:00 (G) RR Canasta 2:00 (G) Low Vision Group 2:15 (L) Library Committee Meeting 2:30 (B) Seated Dance Fitness 3:30 (B) Improv 6:30 (G) RR Scrabble	28 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:00 (R) Mass 10:30 (B) ICHB Choir Rehearsal 12:50 (B) Current Events 2:00 (G) Bible Discussion Group 3:00 (B) Debbie Demetri Presents: "Minnie Pearl" 6:30 (B) RR Bridge	29 9:00 (B) Dynamic Balance 9:45 (B) Stretch & Flex 10:00 Pool Fitness 10:30 * (\$ Grocery Trip: Costco 10:30 (B) Great Decisions Discussion Group 1:00 (B) Strength Training 2:00 (G) Caregiver's Group 1:30 * (\$ Grocery Trip: Sprouts	30 8:30 (B) Stretch & Flex 9:00 (G) Fiber Arts Meetup 9:15 (B) Enhance Fitness 10:30 (B) American History I w/Kristi Busch 1:00 (G) RR Rummikub 2:30 (B) Halloween Party & Costume Contest!	31 9:30 * Park Walk: Carkeek Park 9:30!! (B) Stretch & Flex 10:30 (B) Tech Help Desk 1:00 (B) "Islam and the West" w/ Bill Taylor 2:30 (B) Halloween Happy Hour: Candy & Beer Tasting/Pairing with Sasha 3:00 (G) RR Backgammon

Schedule is subject to change.

Please refer to your "Week at a Glance" for the most up-to-date information.

Questions or Suggestions?

Call Life Enrichment at x3714.

You can get a copy of this calendar in the main lobby!

October is:

- Bat Appreciation Month
- Breast Cancer Awareness Month
- National Book Month
- Museums & Galleries Month

