

Ida Culver House Broadview August 2026 Activities

SUN	MON	TUE	WED	THU	FRI	SAT
* = Sign up in Bistro Binder (outing or appointments required) ‡ = Contact Life Enrichment (\$)= Bring your wallet RR = Resident Run Activity !! = New Activity / Event Change KEY Special Event Exercise Class Outing B = Broadview Room R = Rainier Room L = Library G = Game Room A = Art Studio P = Patio Y = Gym C = B Conference Room O = Bistro T = P-Patch Questions or Suggestions? Call Life Enrichment at x3714. You can get a copy of this calendar in the main lobby!						1 9:30 * Park Walk: Kruckeberg Botanic Garden 10:00 (B) Stretch & Flex 1:00 (C) Tech Help Desk 2:30 (B) Linguistics Discussion Group 3:00 (G) RR Backgammon
2 10:00 (B) Stretch & Flex 11:00 (B) Enhance Fitness 1:00 (B) Tech Help Desk 1:30 (G) RR Play Reading 3:00 (G) RR Cribbage 3:00 (B) Watermelon Bowling 	3 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 9:30 * Pool Dropoff 10:30 (B) Understanding Shakespeare: Hamlet 1:00 (B) Gentle Chair Yoga w/Binka 1:00 (R) StrongerMemory Check In 2:00 (G) Men's Group 2:30 (B) Art w/Cathy Shiovitz 3:45 (B) Reading w/Nils 7:00 (L) Non-Fiction Book Club	4 9:00 (B) Balance w/Select Rehab 9:45 (B) Cardio Drumming 10:30 * (\$) Grocery Trip: Trader Joe's 10:30 (B) !! Seated Dance Fitness 1:00 (G) RR Canasta 1:00 (A) ICHB Quilters 2:30 (B) Celebrating Cultures Happy Hour: Estonia 3:30 (L) Poetry Salon 6:30 (G) RR Scrabble 	5 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:00 (R) Communion 10:30 (B) ICHB Choir Rehearsal 12:15 * (\$) Outing: "Aida" at Regal Thornton Place 1:00 (B) Current Events 3:00 (B) Farewell Party: Sam Clinton 6:30 (B) RR Bridge	6 9:00 (B) Dynamic Balance 9:45 (B) Stretch & Flex 10:30 (B) !! Strength Training 11:30 * (\$) Outing: Mariners Senior Day 2:30 (B) Early Music Seattle Presentation & Performance 	7 8:30 (B) Stretch & Flex 9:00 (G) Fiber Arts Meetup 9:15 (B) Enhance Fitness 10:30 * (\$) Grocery Trip: Trader Joe's 1:00 (G) RR Rummikub 1:30 (B) Life Enrichment Forum 3:00 (B) Bingo 7:00 (R) Mariners Game Watch-Along	8 9:30 * Park Walk: Ballard Locks 1:00 (C) Tech Help Desk 3:00 (G) RR Backgammon 5:30 (O) Large Print Books Distribution 
9 10:00 (B) Stretch & flex 11:00 (B) Enhance Fitness 1:00 (B) Tech Help Desk 1:30 (G) RR Play Reading 3:00 (G) RR Cribbage 3:00 (B) Craft: Suncatcher Window Clings	10 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 9:30 * Pool Dropoff 10:30 (B) Denver Botanic Gardens with David Kaynor 1:00 (B) Gentle Chair Yoga w/Binka 1:00 (R) StrongerMemory Check In 2:00 (G) Parkinson's Group 3:30 (B) Fossil Fiddles Philharmonic Jam 7:00 (B) Sound Salon Musical Performance 	11 9:00 (B) Balance w/Select Rehab 9:45 (B) Cardio Drumming 10:30 (B) Resident Council 1:00 (G) RR Canasta 1:00 (B) Nutrition Talk 2:15 (L) Let's Talk Books 2:30 (B) Seated Dance Fitness 3:30 (B) Improv 6:30 (G) RR Scrabble	12 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:00 (R) Communion 10:30 (B) ICHB Choir Rehearsal 1:00 (B) Current Events 2:30 (B) August Birthday Celebration 3:00 (R) Volunteer: Gardening w/ the Terrace 6:30 (B) RR Bridge 	13 9:00 (B) Dynamic Balance 9:45 (B) Stretch & Flex 10:30 * (\$) Grocery Trip: Town & Country 10:30 (B) Food Advisory 1:00 (B) Strength Training 1:30 * (\$) Grocery Trip: Town & Country 2:00 (G) Caregivers Group 3:30 (G) "Great Escape" Book Club 3:30 (R) Gentle Movement	14 8:30 (B) Stretch & Flex 9:00 (G) Fiber Arts Meetup 9:15 (B) Enhance Fitness 9:30 * Outing: Seattle Genealogical Society Library 1:00 (G) RR Rummikub 1:00 (B) Music History w/Dr. Deacon 3:00 (B) Bingo 7:00 (B) Trivia Night	15 9:30 * Park Walk: Madison Park 10:00 (B) Stretch & Flex 1:00 (C) Tech Help Desk 2:30 (B) Linguistics Discussion Group 3:00 (G) RR Backgammon

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16 10:00 (B) Stretch & Flex 11:00 (B) Enhance Fitness 1:00 (B) Tech Help Desk 1:30 (G) RR Play Reading 3:00 (B) Pool Noodle Hockey 3:00 (G) RR Cribbage 	17 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 9:30 * Pool Dropoff 10:30 (B) Understanding Shakespeare 1:00 (B) Gentle Chair Yoga w/Binka 1:00 (R) StrongerMemory Check In 2:00 (G) Low Vision Support Group 2:30 (B) Watercolor w/Cathy Shiovitz 3:45 (B) Reading w/Nils 7:00 (B) Good Co. Jazz Trio Performance	18 9:00 (B) Balance w/Select Rehab 9:45 (B) Cardio Drumming 10:30 (B) The Lives We've Led 1:00 (G) RR Canasta 1:00 (A) ICHB Quilters 1:30 (B) !! Seated Dance Fitness 3:00 (B) !! Karaoke 6:30 (G) RR Scrabble	19 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:00 (R) Communion 10:30 (B) ICHB Choir Rehearsal 1:00 (B) Current Events 2:30 (B) Art History w/Rebecca Albiani 6:30 (B) RR Bridge 	20 9:00 (B) Dynamic Balance 9:45 (B) Stretch & Flex 10:30 * (\$) Grocery Trip: Fred Meyer 10:30 (B) Disaster Preparedness Presentation 1:00 (G) One Earth Committee 1:00 (B) Strength Training 1:30 * (\$) Grocery Trip: Fred Meyer 2:00 (G) Death Café 3:30 (R) Gentle Movement 4:00 (P) Resident Survey BBQ	21 8:30 (B) Stretch & Flex 9:00 (G) Fiber Arts Meetup 9:15 (B) Enhance Fitness 1:00 (G) RR Rummikub 1:00 (B) RR Genealogy Group 3:00 (B) Bingo	22 9:30 * Park Walk: Green Lake 10:00 (B) Stretch & Flex 12:30 * (\$) Out to Lunch: Duke's Chowder House 1:00 (C) Tech Help Desk 2:30 (B) Good News Discussion Group 3:00 (G) RR Backgammon
23 10:00 (B) Stretch & Flex 11:00 (B) Enhance Fitness 1:00 (B) Tech Help Desk 1:30 (G) RR Play Reading 3:00 (B) Movie Matinee: Monty Python & the Holy Grail 3:00 (G) RR Cribbage	24 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 9:30 * Pool Dropoff 10:30 (T) Gardeners Gathering 1:00 (B) Gentle Chair Yoga w/Binka 1:00 (R) StrongerMemory Check In 2:00 * (\$) Outing: Swanson's Nursery 2:00 (G) Widows Group 3:30 (B) Fossil Fiddles Philharmonic Jam 	25 9:00 (B) Balance w/Select Rehab 9:45 (B) Cardio Drumming 1:00 (G) RR Canasta 2:15 (L) Library Committee Meeting 2:30 (B) Seated Dance Fitness 3:30 (B) Improv 6:30 (G) RR Scrabble	26 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:00 (R) Mass 10:30 (B) ICHB Choir Rehearsal 1:00 (B) Current Events 2:00 * Outing: Scenic Drive - UW Campus / Ravenna 3:00 (B) Cultural Craft, Estonia: Handwoven Bookmarks 6:30 (B) RR Bridge	27 9:00 (B) Dynamic Balance 9:45 (B) Stretch & Flex 10:30 * (\$) Grocery Trip: QFC 10:30 (B) Great Decisions Discussion Group 1:00 (B) Strength Training 1:30 * (\$) Grocery Trip: QFC 2:00 (G) Women's Group 3:00 (B) Resident Town Hall 3:30 (R) Gentle Movement 7:00 (B) Carson Lilley - Piano Classics	28 8:30 (B) Stretch & Flex 9:00 (G) Fiber Arts Meetup 9:15 (B) Enhance Fitness 1:00 (G) RR Rummikub 1:00 (B) Music History w/Dr. Deacon 3:00 (B) Bingo 7:00 (B) Trivia Night 	29 9:30 * Park Walk: Lake Union 1:00 (B) Tech Help Desk 2:30 (B) Linguistics Discussion Group 3:00 (G) RR Backgammon
30 10:00 (B) Stretch & Flex 11:00 (B) Enhance Fitness 1:00 (B) Tech Help Desk 1:30 (G) RR Play Reading 3:00 (B) Craft: Pipe Cleaner Flower Bouquets 3:00 (G) RR Cribbage	31 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:30 * (\$) Shopping Outing: Bellevue Mall 1:00 (B) Gentle Chair Yoga w/Binka 1:00 (R) StrongerMemory Check In 3:00 (B) Resident Survey Results Meeting 	 August is... - National Golf Month - National Peach Month - National Sandwich Month - National Wellness Month				Schedule is subject to change. Please refer to your "Week at a Glance" for the most up-to-date information.