

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
ALJOYA MERCER ISLAND August 2026				● Music & Lectures ● Marketing Events ● Trips ● Unique Events ALJOYA MERCER ISLAND		1 9:30 Enhance Fitness 10:30 Crossroads Mall & Food Court 1:00 Bridge 1:00 Mahjong 3:15 BINGO! 3:15 Matinee Movie
2 8:30 Church Transport 10:00 Good News w/ Andrea 11:30 Mindful Walking 12:45 Ballard Locks Concert 1:00 Sit and Be Fit 2:00 Tech Help with MI HS Students 3:00 Scrabble 3:15 SCMS Virtual Concert	3 9:15 Water Fitness 10:00 Knitting Group 10:00 French II avec Chloe 11:30 Dancing w/Bella 1:00 Bridge 1:00 Pet Volunteer Event 2:00 Tai Chi 3:00 Schmooze with Rabbi Nissan 4:00 Tarot w/Emlly	4 9:30 Enhance Fitness 11:00 QFC and Metro Market Shopping 11:00 French I avec Chloe 1:00 Mahjong 1:00 Sit and Be Fit 1:00 Rummy Tiles 2:30 Acrylic Painting w/ Emily 4:15 Docuseries	5 9:00 Communion 9:15 Water Fitness 10:00 Facilities Committee 11:00 Balance Class w/ Select Rehab 12:45 Luther Burbank 1:00 Bridge 1:15 Brain Fitness 2:00 Tai Chi 3:15 Mindful Meditation 5:00 Friends & Family Cocktail Party	6 9:30 Enhance Fitness 10:45 Bookmobile 11:00 Aspiring Writers 12:00 Senior Day at the Mariners 1:00 Sit and Be Fit 1:00 Great Decisions 2:00 Current Events 3:30 Men's Group 4:15 Docuseries 7:00 MOSAIC MI	7 9:00 Men's Breakfast 9:15 Water Fitness 10:50 Rosary 11:00 Costco 11:00 Living Well w/ Hearing Loss 1:00 Bridge 1:15 Watercolor Group 2:00 Tai Chi (VIDEO) 3:15 Advanced Mindful Meditation 3:15 SCMS Virtual Concert 3:30 Popsicle Social 5:00 Mercer Island Art Walk	8 9:30 Enhance Fitness 12:00 Woodland Park Zoo 1:00 Bridge 1:00 Mahjong 1:30 Cyclemate's Presentation 3:15 BINGO! 3:15 Movie Matinee 7:15 Evening Matinee
9 8:30 Church Transport 10:00 Good News w/ Andrea 11:30 Mindful Walking 1:00 Sit and Be Fit 1:00 Scenic Drive 2:00 Tech Help with MI HS Students 3:00 Scrabble 3:15 SCMS Virtual Concert 7:15 Evening Movie	10 9:15 Water Fitness 10:00 Knitting Group 10:00 French II avec Chloe 1:00 Bridge 1:30 Tiny Homes Curtain Making 2:00 Tai Chi 3:00 Shakespeare Class 4:00 Happy Hour with Do Peterson	11 9:30 Enhance Fitness 11:00 QFC and Metro Market Shopping 11:00 French I avec Chloe 11:00 Aljoya Book Club 1:00 Mahjong 1:00 Sit and Be Fit 1:00 Rummy Tiles 3:00 Heart of Glass Presentation	12 9:00 Communion 9:15 Water Fitness 11:00 Town Hall 1:00 Bridge 1:15 Brain Fitness 2:00 Tai Chi 3:15 Mindful Meditation 3:30 Housekeeping Committee 4:15 Docuseries	13 9:30 Enhance Fitness 11:00 Caregiver Support Group 1:00 Sit and Be Fit 2:00 Current Events 3:00 Women's Group 4:15 Docuseries	14 9:00 Men's Breakfast 9:15 Water Fitness 10:50 Rosary 11:00 Living Well w/Chronic Pain 11:00 Music Committee 1:00 Bridge 1:15 Watercolor Group 2:00 Tai Chi (VIDEO) 3:30 Brilliant Birds & Beasts 4:30 Tap Dance w/Peggy	15 9:30 Enhance Fitness 11:00 Gym Equipment Demonstration with Pamela 12:30 MOHAI Museum 1:00 Bridge 1:00 Mahjong 3:15 BINGO! 3:15 Matinee Movie

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
16 Sunday Brunch 11-2 8:30 Church Transport 10:00 Good News w/Andrea 11:30 Mindful Walking 1:00 Sit and Be Fit 1:00 Belle Square Outing 2:00 Tech Help with MI HS Students 3:00 Scrabble 3:15 Movie Matinee NO DINNER	17 9:15 Water Fitness 10:00 Knitting Group 10:00 French II avec Chloe 11:30 Dancing w/Bella 12:30 MIW Book Club 1:00 Bridge 2:00 Tai Chi 3:00 Ginnie DeForest Birthday Party	18 9:30 Enhance Fitness 11:00 QFC and Metro Market Shopping 11:00 French I avec Chloe 12:00 Birthday Lunch 1:00 Sit and Be Fit 1:00 Mahjong 1:00 Rummy Tiles 1:15 Admin & Reception Committee 2:00 Nutritionist Presentation 4:15 Docuseries	19 9:00 Communion 9:15 Water Fitness 11:00 Balance Class w/ Select Rehab 11:30 Flower Arranging for Lilly's 1:00 Bridge 1:15 Brain Fitness 2:00 Tai Chi 3:15 Mindful Meditation 3:30 Good CO Performance	20 9:30 Enhance Fitness 11:00 Aspiring Writers 11:00 Low Vision Support Group 1:00 Sit and Be Fit 2:00 Current Events 3:15 Cabi Clothing Collection 3:30 Men's Group 4:15 Docuseries	21 9:00 Men's Breakfast 9:15 Water Fitness 10:50 Rosary 11:00 Wellness Committee 1:00 Bridge 1:15 Watercolor Group 2:00 Tai Chi (VIDEO) 3:15 Advanced Mindful Meditation 3:15 SCMS Virtual Concert	22 9:30 Enhance Fitness 12:00 Snoqualmie Casino 1:00 Bridge 1:00 Mahjong 3:15 BINGO! 3:15 Matinee Movie
23 8:30 Church Transport 10:00 Good News w/ Andrea 11:30 Mindful Walking 1:00 Sit and Be Fit 1:00 Tacoma Art Museum 2:00 Tech Help with MI HS Students 3:00 Scrabble 3:15 SCMS Virtual	24 9:15 Water Fitness 10:00 Knitting Group 10:00 French II avec Chloe 11:00 Select Rehab Fall Recovery 1:00 Bridge 2:00 Tai Chi 3:00 Shakespeare Class	25 9:15 Uwajimaya 9:30 Enhance Fitness 10:00 Birthday Dreams Volunteer 11:00 Resident Council 11:00 French I avec Chloe 1:00 Mahjong 1:00 Rummy Tiles 1:00 Sit and Be Fit 3:00 QFC and Metro Market Shopping 3:00 Kris Hambrick 4:15 Docuseries	26 9:00 Communion 9:15 Water Fitness 11:00 Balance Class w/ Select Rehab 1:00 Bridge 1:15 Brain Fitness 2:00 Tai Chi 3:15 Mindful Meditation 5-7 Marketing Garden Party	27 9:30 Enhance Fitness 1:00 Sit and Be Fit 2:00 Current Events 3:15 Tech w/Andrea 3:00 Women's Group 4:15 Docuseries	28 9:00 Men's Breakfast 9:15 Water Fitness 10:50 Rosary 1:00 Bridge 1:15 Watercolor Group 2:00 Tai Chi (VIDEO) 3:30 Summer Popsicle Social 4:30 Tap Dance w/ Peggy	29 9:30 Enhance Fitness 12:30 Art Fair at Bellevue Botanical Gardens 1:00 Bridge 1:00 Mahjong 3:15 BINGO! 3:15 Matinee Movie
30 8:30 Church Transport 10:00 Good News w/Andrea 11:30 Mindful Walking 12:45 Ballard Concert Series 1:00 Sit and Be Fit 2:00 Tech Help with MI HS Students 3:00 Scrabble 3:15 SCMS Virtual Concert	31 9:15 Water Fitness 10:00 Knitting Group 10:00 French II avec Chloe 11:00 Lance Rhoades 1:00 Bridge 2:00 Tai Chi 4:00 Tarot w/ Emily		Happy Birthday! Shari Beatty 8/01 Clive Sollitt 8/13 Sue Albrecht 8/05 Barry Miller 8/16 Lois Baron 8/07 Ginnie DeForest 8/17 Dorothy Chin 8/10 Michael Crump 8/19			