











Ida Culver House Broadview June 2026 Activities

Sun	Mon	Tue	Wed	Thu	Fri	Sat	
 	1 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 9:30 * Pool Drop-off 10:30 (B) Understanding Shakespeare: "Hamlet"  1:00 (B) Gentle Yoga w Binka 2:30 (B) Watercolors with Cathy S 3:45 (B) Reading with Nils 7:00 (L) Non-Fiction Book Club	2 9:00 (B) Balance w Select Rehab 9:45 (B) Cardio Drumming 1:00 (B) RR Canasta 1:00 (A) ICHB Quilters 1:00 (B) "Here's to the Future": Inter-Generational Aging with Rebecca & Erika Crichton 2:30 (B) Gentle Movement 3:30 (B) Poetry Salon with Nils 6:30 (G) RR Scrabble	3 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:00 (R) Communion 10:30 (B) ICHB Choir Rehearsal 10:30 (G) Volunteer: Blanket-Making 12:30 * (\$) Outing: Met Opera @ Regal Thornton Pl. 1:00 (B) Current Events 2:00 (G) Bible Discussion Group 2:30 (B) Celebrating Cultures Happy Hour: Sweden 6:30 (B) RR Bridge 	4 9:00 (B) Dynamic Balance 9:45 (B) Stretch & Flex 10:30 (B) The Constitution with Bill Taylor 10:30 * (\$) Grocery Trip: Trader Joe's 1:00 (B) Strength Training 1:30 * (\$) Grocery Trip: Trader Joe's 2:00 (G) Parkinson's Group 3:00 (B) "Stories of Hope, Inspiration, & Peacemaking" with Authors Kit Hitchcock & Gail McCormick 3:30 (R) Gentle Movement 7:00 (G) RR Poker Night	5 8:30 (B) Stretch & Flex 9-11 (G) Fiber Arts Meetup 9:15 (B) Enhance Fitness 10:30 (B) RR Genealogy Group 1:00 (G) RR Rummikub 1:30 (B) Life Enrichment Forum with Lee 3:00 (B) BINGO 7:00 (B) Ilana Zaks Violin Concert: "An Evening at the Opera— Timeless Melodies & Musical Stories" 	6 9:30 * Park Walk: Ballard Locks 1:00— (C) Tech Help Desk 2:00 2:30 (B) !! Linguistics Discussion Group 3:00 (G) RR Backgammon 5:30 (O) Large-Print Book Distribution 7:00 (O) RR Resident Social 	
	7 10:00 (B) Seated Dance Fitness 11:00 (B) Enhance Fitness 1:00— (B) Tech Help Desk 2:00 1:30 (G) RR Play Reading 3:00— (B) A Building Block Party 3:00 (G) RR Cribbage	8 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 9:30 * Pool Drop-off 10:30 (B) Cultural Craft, Sweden: Dala Horses  1:00 (B) Gentle Yoga w Binka 2:00 (G) Men's Group 3:30 (B) Fossil Fiddles Philharmonic Jam	9 9:00 (B) Balance w Select Rehab 9:45 (B) Cardio Drumming 10:30 (B) Resident Council Meeting  1:00 (G) RR Canasta 1:00 (B) Nutrition Talk & Food Demo: Maintaining Hydration 2:15 (L) Let's Talk Books 2:30 (B) Gentle Movement 3:30 (B) Improv with Lee 6:30 (G) RR Scrabble	10 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:00 (R) Communion 10:30 (B) ICHB Choir Rehearsal 1:00 (B) Current Events 2:00 (G) Bible Discussion Group 4— (B, Spring Art Gala Reception  5:30 L, P)	11 9:00 (B) Dynamic Balance 9:45 (B) Stretch & Flex 10:30 (B) Food Advisory (\$\$) Grocery Trip: Town & Country 10:30 * Town & Country 1:00 (B) Strength Training 1:30 * (\$) Grocery Trip: Town & Country 2:00 (G) Caregivers Group 3:30 (R) Gentle Movement 3:30 (G) !! "Great Escape" Book Club 6:30 (B) RR Bridge	12 8:30 (B) Stretch & Flex 9-11 (G) Fiber Arts Meetup 9:15 (B) Enhance Fitness 1:00 (G) RR Rummikub 1:00 (B) Music History with Dr. Theo Deacon 3:00 (B) BINGO 6:00 (R) USA vs. Paraguay World Cup Soccer Match Watch-Along 7:00 (B) Trivia Night	13 9:30 * Park Walk: Magnuson Park 10:30 (B) RR Political Action Committee Meeting 1:00— (C) Tech Help Desk 2:00 3:00 (G) RR Backgammon 3:00 (B) Kristin Fletcher Piano Student Recital 

JUNE IS:

* Men's Health Month

* Natl. Fresh Fruit & Vegetables Month

* Natl. Pollinator Month 








* LGBTQ+ Pride Month

* Perennial Gardening Month

Schedule is subject to change.

Please refer to your "Week at a Glance" for the most up-to-date information.

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Sun	Mon	Tue	Wed	Thu	Fri	Sat	
14 Flag Day 10:00 (B) Seated Dance Fitness 11:00 (B) Enhance Fitness 1:00-2:00 (B) Tech Help Desk 1:30 (G) RR Play Reading 3:00-4:30 (B) B Building / D3 Block Party 3:30 (G) RR Cribbage	15 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 9:30 * Pool Drop-off 10:30 (B) Understanding Shakespeare: "Hamlet" 2:00-4:00 (B) Feedback Fiesta! 2026 Resident Survey Kick-off Party 	16 9:00 (B) Balance w Select Rehab 9:45 (B) Cardio Drumming 10:30 (B) The Lives We've Led 1:00 (G) RR Canasta 1:00 (A) ICHB Quilters 1:00 (B) Gentle Movement 2:30 (B) June Birthday Celebration 6:30 (G) RR Scrabble 	17 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:00 (R) Communion 10:30 (B) ICHB Choir Rehearsal 10:30 (G) Volunteer: Cards for Students—Broadview Thomson Elementary 1:00 (B) Current Events 2:00 (G) Bible Discussion Group 2:30 (B) Art History with Rebecca Albiani: Diaghilev's Ballets Russes and European Modernism 6:30 (B) RR Bridge	18 9:00 (B) Dynamic Balance 9:45 (B) Stretch & Flex 10:30 * (\$) Grocery Trip: Fred Meyer 10:30 (B) Watercolors with Cathy S 1:00 (B) Strength Training 1:30 * (\$) Grocery Trip: Fred Meyer 2:00 (G) Widows & Widowers Group 3:00 (B) Karaoke! 3:30 (R) Gentle Movement 7:00 (G) RR Poker Night	19 Juneteenth 8:30 (B) Stretch & Flex 9-11 (G) Fiber Arts Meetup 9:15 (B) Enhance Fitness 10:30 (B) Gentle Yoga with Binka 12:00 (B) USA vs. Australia World Cup Soccer Match Watch Party 1:00 (G) RR Rummikub 3:00 (B) BINGO 	20 9:30 * Park Walk: Shoreview Park 1:00-2:00 (C) Tech Help Desk 3-4:30 (B) C Building Block Party 3:00 (G) RR Backgammon 7:00 (O) RR Resident Social	
21 Father's Day Summer Solstice 11:00 (B, P) BBQ for Fathers (Reservations Required) 1:10 (B) Mariners Game Watch-Along 3:00 (G) RR Cribbage	22 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 9:30 * Pool Drop Off 10:30 (B) "Scams: A Personal Tour" with Alan Dowty 1:00 (B) Gentle Yoga w Binka 2:00 (G) Low Vision Support Group 3:30 (B) Fossil Fiddles Philharmonic Jam	23 9:00 (B) Balance w Select Rehab 9:45 (B) Cardio Drumming 10:30 * Outing: Monthly Scenic Drive - Magnolia 1:00 (G) RR Canasta 1:00 (B) "Where Does It Go?": Compost / Recycling / Trash / Ridwell 2:15 (L) Library Committee 2:30 (B) Gentle Movement 3:30 (B) Improv with Lee 6:30 (G) RR Scrabble 	24 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 10:00 (R) Catholic Mass 10:30 (B) Pride Craft: Rainbow Heart Garland 1:00 (B) Current Events 2:00 (G) Bible Discussion Group 2:30-4:00 (B, P) ICHB Pride Parade & Celebration with Live Music! 6:30 (B) RR Bridge 	25 9:00 (B) Dynamic Balance 9:45 (B) Stretch & Flex 10:30 * (\$) Grocery Trip: QFC 10:30 (B) Great Decisions Discussion Grp. 1:00 (B) Strength Training 1:30 * (\$) Grocery Trip: QFC 2:00 (G) Early Memory Loss Group 3:00 (B) Resident Town Hall 3:30 (R) Gentle Movement 7:00 (R) USA vs. Turkiye World Cup Game 7:00 (B) Movie Night & Crafts: "Pollock"	26 8:30 (B) Stretch & Flex 9-11 (G) Fiber Arts Meetup 9:15 (B) Enhance Fitness 10:30 * (\$) Outing: Nordic Museum Tour 1:00 (G) RR Rummikub 1:00 (B) Music History with Dr. Theo Deacon 3:00 (B) BINGO 7:00 (B) Trivia Night	27 9:30 * Park Walk: Meadowbrook Pond 1:00-2:00 (C) Tech Help Desk 3:00-4:30 (B) E Building & Cottages Block Party 3:00 (G) RR Backgammon	
28 10:00 (B) Seated Dance Fitness 11:00 (B) Enhance Fitness 1:00 (B) Tech Help Desk 1:30 (G) RR Play Reading 3:00 (B) Movie Matinee: "A Man Called Otto" 3:30 (G) RR Cribbage	29 8:30 (B) Stretch & Flex 9:15 (B) Enhance Fitness 9:30 * Pool Drop Off 10:30 (B) Exercise Options at ICHB with Kathy Young - Part 1 1:00 (B) Gentle Yoga w Binka 2:00 (G) Women's Group 3:00 (B) Hammered Dulcimer Performance & Lecture with Carolyn Cruso 	30 9:00 (B) Balance w Select Rehab 9:45 (B) Cardio Drumming 10:30 (B) Exercise Options at ICHB with Kathy Young - Part 2: Creating an Exercise Plan 1:00 (G) RR Canasta 1:00 (B) Gentle Movement 2:30 (B, P) Broadview Market 	<p>Questions or Suggestions? Call Life Enrichment at x3714.</p>			<p>You can get a copy of this calendar in the main lobby!</p>	
KEY * = Sign up in Bistro Binder (outing or appointments required) ‡ = Contact Life Enrichment (\$) = Bring your wallet! RR = Resident-Run Activity !! = New Activity Special Event Exercise Class Outing						B = Broadview Rm R = Rainier Room L = Library G = Game Room A = Art Studio P = Patio / Lobby O = Bistro Y = Gym C = B Conference Rm	