




Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
 	 <h1 style="font-size: 4em; color: #800040; margin: 0;">April</h1>			<ul style="list-style-type: none"> <li><span style="color: red; font-size: 1.5em;">●</span> <b>Trips</b></li> <li><span style="color: blue; font-size: 1.5em;">●</span> <b>Music &amp; Lectures</b></li> <li><span style="color: purple; font-size: 1.5em;">●</span> <b>Marketing</b></li> <li><span style="color: green; font-size: 1.5em;">●</span> <b>Unique Events</b></li> </ul>	<p><u>Monthly</u> <u>Committee</u> <u>Meetings</u></p> <p>Please See the W.A.A.G for Meeting Days &amp; Times</p>	
	1	2	3	4	5	6
	9:15 Water Aerobics 10:00 Knitting in Bistro 10:00 French II avec Chloe 11:00 Calendar Information and Suggestion Session 1:00 Bridge 2:00 Tai Chi 2:00 Schmooze with Rabbi Nissan	9:30 Enhance Fitness 11:00 QFC and Metro Market Shopping 11:00 French I avec Chloe 1:00 Mahjong 1:00 Rummy Tiles 1:00 Sit and Be Fit 2:00 Cabi Clothing Show	9:15 Water Aerobics 11:00 Lunch at the Movies: Ghostbusters Frozen Empire 1:00 Bridge 1:15 Brain Fitness 2:00 Tai Chi 3:00 Around the World in 100 Pictures w/Bill Stafford	9:30 Enhance Fitness 11:00 DVD Fitness w/Morgan 1:00 Rummy Tiles 1:00 Sit and Be Fit 2:00 Current Events 3:30 Belly Dance Performance by Bella Jovan	9:00 Men's Breakfast 9:15 Water Aerobics 10:50 Rosary 12:30 Trader Joe's Bellevue 1:00 Bridge 1:15 Watercolor Group 2:00 Dave Reichert	9:30 Enhance Fitness 1:00 Bridge 1:00 Mahjong 1:00 Dance with Karen and Cliff 3:00 Country Western Music w/Eric of Six-Gun Road Entertainment
7	8	9	10	11	12	13
8:30 Church Transport 10:30 Seattle Aquarium 1:00 Sit and Be Fit	9:15 Water Aerobics 10:00 Knitting in Bistro 10:00 French II avec Chloe 1:00 Bridge 2:00 Tai Chi 3:00 Shakespeare Class	9:30 Enhance Fitness 11:00 Aljoya Book Club 11:00 French I avec Chloe 11:00 Your Clothing Solution—Women's Travelling Clothing Boutique 1:00 Mahjong 1:00 Rummy Tiles 1:00 Sit and Be Fit 3:00 Men's Group	9:15 Water Aerobics 11:00 Town Hall 1:00 Bridge 1:15 Brain Fitness 2:00 Tai Chi 2:00 Mindful Relaxation	9:30 Enhance Fitness 11:00 Caregiver Support Group 11:00 DVD Fitness w/Morgan 1:00 Rummy Tiles 1:00 Wellness 360° 1:00 Sit and Be Fit 2:00 Current Events 6:30 Women of Washington Film Group	9:00 Men's Breakfast 9:15 Water Aerobics 10:50 Rosary 1:00 Bridge 1:15 Watercolor Workshop 2:00 Tai Chi 3:00 Greek Folk Dance w/Stephanie	9:30 Enhance Fitness 9:30 Scenic Drive w/Marc 1:00 Bridge 1:00 Mahjong 3:00 60s Sock Hop Dance Practice w/Pamela

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
<p>14</p> <p>8:30 Church Transport</p> <p>1:00 Sit and Be Fit</p> <p>3:30 King Dre Jazz Duo</p>	<p>15</p> <p>9:15 Water Aerobics</p> <p>10:00 Knitting in Bistro</p> <p>10:00 French II avec Chloe</p> <p>1:00 Bridge</p> <p>2:00 Tai Chi</p> <p>3:00 David Smith</p>	<p>16</p> <p>9:30 Enhance Fitness</p> <p>11:00 QFC and Metro Market Shopping</p> <p>11:00 French I avec Chloe</p> <p>12:00 Birthday Lunch</p> <p>1:00 Mahjong</p> <p>1:00 Rummy Tiles</p> <p>1:00 Sit and Be Fit</p> <p>3:00 Women's Group</p> <p>5:00 60s Sock Hop Dinner Dance</p>	<p>17</p> <p>9:15 Water Aerobics</p> <p>10:00 Tulip Trip</p> <p>1:00 Bridge</p> <p>1:15 Brain Fitness</p> <p>2:00 Tai Chi</p> <p>2:00 Mindful Relaxation</p> <p>3:30 Ping Pong Club</p>	<p>18</p> <p>9:30 Enhance Fitness</p> <p>11:00 Low Vision Support Group</p> <p>11:00 DVD Fitness w/Morgan</p> <p>11:45 Pike Market Food Bank</p> <p>1:00 Rummy Tiles</p> <p>1:00 Sit and Be Fit</p> <p>2:00 Current Events</p>	<p>19</p> <p>9:00 Men's Breakfast</p> <p>9:15 Water Aerobics</p> <p>10:50 Rosary</p> <p>1:00 Bridge</p> <p>1:15 Watercolor Workshop</p> <p>2:00 Tai Chi</p> <p>3:00 Hope Factory Presentation</p>	<p>20</p> <p>9:15 Met Opera in HD—La Rondine</p> <p>9:30 Enhance Fitness</p> <p>1:00 Bridge</p> <p>1:00 Mahjong</p> <p>3:30 Bingo!</p>
<p>21</p> <p><u>Sunday Brunch 11-2</u></p> <p>8:30 Church Transport</p> <p>1:00 Sit and Be Fit</p> <p>2:30 Walking Group</p> <p><u>No Dinner</u></p>	<p>22</p> <p>9:15 Water Aerobics</p> <p>10:00 Knitting in Bistro</p> <p>10:00 French II avec Chloe</p> <p>11:00 Costco</p> <p>1:00 Bridge</p> <p>2:00 Tai Chi</p> <p>3:00 Shakespeare Class</p>	<p>23</p> <p>9:30 Enhance Fitness</p> <p>11:00 QFC and Metro Market Shopping</p> <p>11:00 French I avec Chloe</p> <p>1:00 Mahjong</p> <p>1:00 Rummy Tiles</p> <p>1:00 Sit and Be Fit</p> <p>3:00 Men's Group</p>	<p>24</p> <p>9:15 Water Aerobics</p> <p>1:00 Bridge</p> <p>1:15 Brain Fitness</p> <p>2:00 Tai Chi</p> <p>2:00 Mindful Relaxation</p> <p>3:30 Cocktail Party</p>	<p>25</p> <p>11:00 Parkinson's Support Group</p> <p>1:00 Rummy Tiles</p> <p>1:00 Sit and Be Fit</p> <p>2:00 Current Events</p>	<p>26</p> <p>9:00 Men's Breakfast</p> <p>9:15 Water Aerobics</p> <p>10:50 Rosary</p> <p>1:00 Bridge</p> <p>1:15 Watercolor Workshop</p> <p>2:00 Tai Chi</p> <p>3:00 Greek Folk Dance w/ Stephanie</p>	<p>27</p> <p>9:30 Enhance Fitness</p> <p>12:15 Lunch at Chateau Ste. Michelle</p> <p>1:00 Bridge</p> <p>1:00 Mahjong</p>
<p>28</p> <p>8:30 Church Transport</p> <p>1:00 Sit and Be Fit</p> <p>3:00 MIHS Music in the Community</p>	<p>29</p> <p>9:15 Water Aerobics</p> <p>10:00 Knitting in Bistro</p> <p>10:00 French II avec Chloe</p> <p>1:00 Bridge</p> <p>2:00 Tai Chi</p> <p>3:30 Elvis w/Terry Bartelme</p>	<p>30</p> <p>9:15 Uwajimaya</p> <p>9:30 Enhance Fitness</p> <p>11:00 French I avec Chloe</p> <p>11:00 Resident Council</p> <p>1:00 Mahjong</p> <p>1:00 Rummy Tiles</p> <p>1:00 Sit and Be Fit</p> <p>2:00 Nutritionist Presentation</p> <p>3:00 Women's Group</p> <p>3:00 QFC and Metro Market Shopping</p>	<p><b>Resident Birthdays</b></p> <p>Cundiff, Bonnie 04/07 Noles, Kathi 04/13</p> <p>Adams, Marilyn 04/08 Nudelman, Danny 04/15</p> <p>Wilbur, Melissa 04/11 Scattergood, Barbara 04/16</p> <p>Adams, Lowell 04/12 Buckley, Therese 04/20</p>			