

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
			1 10:00 Daily Chronicles 10:15 Spa Hour 11:00 Word Puzzles: Independence Day 1:15 Calendar Review 1:45 Stretch & Flex 2:30 Who Said It? Independence Day Trivia 3:00 Refreshments & Music 3:30 Balloon Volleyball 6:00 Movie: Mamma Mia!	2 10:00 Daily Chronicles 10:15 Ball Exercise 11:00 Brain Café 1:15 Pass It Down 2:00 Watercolor Painting: 4th of July Fireworks 2:45 Follow Along Music Circle 3:00 Refreshments & Music 3:30 Bingo 6:00 Movie: Groundhog Day	3 10:00 Daily Chronicles 10:15 Morning Exercise 11:00 What Am I? A Sweet Treat 1:15 Stretch & Flex 1:45 Picture It Memory Game 2:30 Musical Performance: Stars & Stripes Cabaret 3:00 Refreshments & Music 3:30 Pass the Ball 6:00 Movie: Spaceballs	4 <i>Independence Day</i> 10:00 Daily Chronicles 10:15 Stretch & Strength 11:00 Would You Rather 1:15 Reminiscing 1:45 Category Catch the Ball 2:30 Junk Drawer Detective: Laundry Day 3:00 Refreshments & Music 3:30 Balloon Tennis 6:00 Movie: Forrest Gump
5 10:00 Daily Chronicles 10:15 Pool Noodle Exercise 11:00 Short Story 1:15 Bingo 2:00 Tic Tac Toe Golf 2:45 Simon Says 3:00 Refreshments & Music 3:30 Pass the Ball 6:00 Movie: Beauty & the Beast	6 10:00 Daily Chronicles 10:15 Creative Movement 11:00 Shake Loose a Memory 1:15 Stretch & Flex 1:45 Memory: Matching Pairs 2:30 Musical Performance with Do Peterson 3:00 Refreshments & Music 3:30 Horse Shoes 6:00 Movie: America's Sweethearts	7 10:00 Daily Chronicles 10:15 Zumba with Music 11:00 Category Catch the Ball 1:15 Table Bowling 1:45 Fun with Food: Star Spangled Sugar Cookie 2:30 Sing-Fit Sing Along 3:00 Refreshments & Music 3:30 Bingo 6:00 Movie: As Good As it Gets	8 10:00 Daily Chronicles 10:15 Spa Hour 11:00 Word Puzzles: Celebrating Summer 1:15 Stretch & Flex 1:45 July IQ 2:30 Courtyard Social 3:00 Refreshments & Music 3:30 Balloon Badminton 6:00 Movie: The Music Man	9 10:00 Daily Chronicles 10:15 Ball Exercise 11:00 Brain Café 1:15 Pass It Down 2:00 Crafting Session: 4th of July Bookmarks 2:45 Follow Along Music Circle 3:00 Refreshments & Music 3:30 Bingo 6:00 Movie: Almost Famous	10 10:00 Daily Chronicles 10:15 Morning Exercise 11:00 Zen Zone 1:15 Stretch & Flex 1:45 Drama Theatre: Escaping the Heat 2:30 Courtyard Summer Water Games 3:00 Refreshments & Music 3:30 Pass the Ball 6:00 Movie: Rain Man	11 10:00 Daily Chronicles 10:15 Stretch & Strength 11:00 True or False Game 1:15 Add It Up Math Games 1:45 Ring Toss 2:30 Begins With.... Word Play 3:00 Refreshments & Music 3:30 Skee Ball 6:00 Movie: Unbroken
12 10:00 Daily Chronicles 10:15 Pool Noodle Exercise 11:00 Reading Retreat 1:15 Bingo 2:00 Bullseye 2:30 Drawing & Painting 3:00 Refreshments & Music 3:30 Basketball 6:00 Movie: Saturday Night Fever	13 10:00 Daily Chronicles 10:30 Meditation with Seth 11:00 Question Ball Game 1:15 Stretch & Flex 1:45 Courtyard Summer Water Games 2:15 Parachute Games 3:00 Refreshments & Music 3:30 Cornhole Bag Toss 6:00 Movie: Wall-E	14 10:00 Daily Chronicles 10:15 Zumba with Music 11:00 Connect the Dots 1:15 Sing-Fit Sing Along 2:00 Category Catch the Ball 2:30 Bistro Social 3:00 Refreshments & Music 3:30 Bingo 6:00 Movie: My Best Friends Wedding	15 10:00 Daily Chronicles 10:15 Spa Hour 11:00 Giant Jigsaw Puzzles 1:15 Scenic Drive 1:45 Stretch & Flex 2:15 State Plate Game 3:00 Refreshments & Music 3:30 Balloon Volleyball 6:00 Movie: The Sound Of Music	16 <i>Happy Birthday Karen!</i> 10:00 Daily Chronicles 10:15 Full Body Exercise 11:00 5 Second Think Fast 1:15 Pass It Down 2:00 Musical Performance with Ashley Webster 3:15 Birthday Celebration 6:00 Movie: Honey, I Shrank The Kids	17 10:00 Daily Chronicles 10:15 Morning Exercise 11:00 Who Am I? US History 1:15 Stretch & Flex 1:45 United Shapes of America Game 2:30 Orchestra Showing 3:00 Refreshments & Music 3:30 Basketball 6:00 Movie: Russian Ark	18 10:00 Daily Chronicles 10:15 Stretch & Strength 11:00 Would You Rather 1:15 Reminiscing 1:45 Category Catch the Ball 2:30 Junk Drawer Detective: Colonial Times 3:00 Refreshments & Music 3:30 Balloon Tennis 6:00 Movie: Selma
19 <i>Happy Birthday Cynthia!</i> 10:00 Daily Chronicles 10:15 Pool Noodle Exercise 11:00 Short Story 1:15 Bingo 1:45 Tic Tac Toe Golf 2:30 Simon Says 3:15 Birthday Celebration 6:00 Movie: Lady & The Tramp	20 10:00 Be Fit with Select Rehab 10:30 Daily Chronicles 11:00 Shake Loose a Memory 1:15 Stretch & Flex 1:45 Memory: Matching Pairs 3:00 Refreshments & Music 3:30 Horse Shoes 6:00 Movie: It's Kind of A Funny Story	21 10:00 Daily Chronicles 10:15 Zumba with Music 11:00 Category Catch the Ball 1:15 Sing-Fit Sing Along 2:00 Gilbert & Sullivan Presents: H.M.S Pinafore 3:00 Refreshments & Music 3:30 Bingo 6:00 Movie: An American In Paris	22 10:00 Daily Chronicles 10:15 Spa Hour 11:00 Word Puzzles: All About July 1:15 Stretch & Flex 1:45 Destination Travelogue: Ye Old Williamsburg 2:30 Courtyard Social 3:00 Refreshments & Music 3:30 Balloon Badminton 6:00 Movie: Cabaret	23 10:00 Daily Chronicles 10:15 Ball Exercise 11:00 Brain Café 1:15 Pass It Down 2:00 Watercolor Painting: Summer Botanicals 2:45 Follow Along Music Circle 3:00 Refreshments & Music 3:30 Bingo 6:00 Movie: The Blindside	24 <i>Happy Birthday Jo!</i> 10:00 Daily Chronicles 10:15 Morning Exercise 11:00 Zen Zone 1:15 Stretch & Flex 1:45 Drama Theatre: A Festival to Remember 2:30 Musical Performance with Johnny Chiecsek 3:30 Birthday Celebration 6:00 Movie: The Way We Were	25 10:00 Daily Chronicles 10:15 Stretch & Strength 11:00 True or False Game 1:15 Add It Up Math Games 1:45 Ring Toss 2:30 Begins With.... Word Play 3:00 Refreshments & Music 3:30 Skee Ball 6:00 Movie: The Boys of '36
26 10:00 Daily Chronicles 10:15 Pool Noodle Exercise 11:00 Reading Retreat 1:15 Bingo 2:00 Bullseye 2:30 Drawing & Painting 3:00 Refreshments & Music 3:30 Basketball 6:00 Movie: Pinocchio	27 10:00 Daily Chronicles 10:15 Creative Movement 11:00 Question Ball Game 1:15 Stretch & Flex 1:45 Courtyard Summer Water Games 2:15 Horse Shoes 3:00 Refreshments & Music 3:30 Cornhole Bag Toss 6:00 Movie: 27 Dresses	28 10:00 Daily Chronicles 10:15 Zumba with Music 11:00 Connect the Dots 1:15 Sing-Fit Sing Along 2:00 Category Catch the Ball 2:30 Bistro Social 3:00 Refreshments & Music 3:30 Bingo 6:00 Movie: The Music Never Stopped	29 10:00 Daily Chronicles 10:15 Spa Hour 11:00 Word Puzzles: Canada Day 1:15 Scenic Drive 1:45 Stretch & Flex 2:15 The Write Word Game 3:00 Refreshments & Music 3:30 Balloon Volleyball 6:00 Movie: West Side Story	30 10:00 Daily Chronicles 10:15 Ball Exercise 11:00 Brain Café 1:15 Pass It Down 2:00 Crafting: Button Art 3:00 Musical Performance with Eric Verlinde (LR) 3:00 Refreshments & Music 3:30 Bingo 6:00 Movie: The Parent Trap	31 10:00 Daily Chronicles 10:15 Morning Exercise 11:00 When Am I? Guess the Year 1:15 Stretch & Flex 2:30 Courtyard Summer Water Games 3:00 Refreshments & Music 3:30 Basketball 6:00 Movie: On Golden Pond	

The Terrace: July 2026

July Birthdays & Highlighted Events:

July 8th & 22nd: Courtyard Socials: Enjoy a refreshing treat while playing games in our beautiful courtyard.

July 15th & 29th, Scenic Drive: Enjoy a relaxing scenic drive as we take in the beautiful surroundings our state has to offer.

July 16th: Happy Birthday Bash: Celebrate Karen with cake, decorations, and a joyful birthday social to make her feel truly special.

July 19th: Happy Birthday Bash: Celebrate Cynthia with cake, decorations, and a joyful birthday social to make her feel truly special.

July 24th: Happy Birthday Bash: Celebrate Jo with cake, decorations, and a joyful birthday social to make her feel truly special.

Knit & Chat, Wednesdays at 1:45pm: Calling all knitters! All those that enjoy any type of needlework are invited to this relaxing activity.



Activities: We offer a variety of active and brain stimulating activities. Groups are lead by Life Enrichment and Terrace staff members throughout the day, and take place seven days a week. We are always open to suggestions and welcome you to join us.

The Gardens at Town Square
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The Terrace LE Staff

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Live Entertainment:

Join us for a little fun as we invite entertainers to get us singing and dancing to old time favorites.

Friday, July 3rd at 2:30pm: Stars & Stripes Cabaret (Vocals)

Monday, July 6th at 2:30pm: Do Peterson (Vocals & Guitar)

Thursday, July 16th at 2:00pm: Ashley Webster (Pianist)

Friday, July 24th at 2:30pm: Johnny Chiecsek (Vocals & Guitar)

Thursday, July 30th at 3:00pm, Eric Verlinde (Pianist)